

Cyanocobalamin 15mcg + Thiamine Mononitrate 10mg + Riboflavin 10mg + Pyridoxine HCL 3mg + Folic Acid 1mg + Calcium Pantothenate 10mg + Vitamin A 5000 IU + Vitamin E 15 IU + Manganese 200mcg + Chromium Chloride 200mcg + Zinc Oxide 20mg Capsules

Multibolt Capsule

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- Supporting energy metabolism and overall health.
- Improving immune function.
- Enhancing skin, hair, and nail health.
- Supporting bone health, vision, and antioxidant defense.
- Managing fatigue and weakness associated with nutrient deficiencies.

Composition

Each capsule contains:

- **Cyanocobalamin (Vitamin B12): 15 mcg**
- **Thiamine Mononitrate (Vitamin B1): 10 mg**
- **Riboflavin (Vitamin B2): 10 mg**
- **Pyridoxine Hydrochloride (Vitamin B6): 3 mg**
- **Folic Acid: 1 mg**
- **Calcium Pantothenate: 10 mg**
- **Vitamin A: 5000 IU**
- **Vitamin E: 15 IU**
- **Manganese: 200 mcg**
- **Chromium Chloride: 200 mcg**
- **Zinc Oxide: 20 mg**

Therapeutic Class

Multivitamin-Multimineral Supplement

Indications

This combination capsule is indicated for:

- Prevention and treatment of vitamin and mineral deficiencies.

Mechanism of Action

This formulation provides essential vitamins and minerals that contribute to various physiological functions:

- **Cyanocobalamin (B12):** Vital for nerve function and red blood cell production.
- **Thiamine (B1), Riboflavin (B2), Pyridoxine (B6):** Crucial for energy production and nervous system support.
- **Folic Acid:** Supports DNA synthesis, red blood cell formation, and neural tube development during pregnancy.
- **Calcium Pantothenate:** Aids in energy metabolism and the synthesis of fatty acids and cholesterol.
- **Vitamin A:** Essential for vision, skin health, and immune function.
- **Vitamin E:** Acts as an antioxidant, protecting cells from oxidative stress.
- **Manganese, Chromium, Zinc:** Trace elements important for enzyme activity, insulin regulation, and immune response.

Dosage and Administration

- **Adults: One capsule daily, preferably after a meal, or as directed by a healthcare provider.**
 - **Children: Consult a physician before use.**
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Contraindications

- **Hypersensitivity to any component of the capsule.**
 - **Hypervitaminosis A or E.**
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Precautions

- **Patients with renal or hepatic impairment should consult a physician.**
 - **Excessive doses may lead to toxicity, especially with fat-soluble vitamins like A and E.**
 - **Use with caution during pregnancy and lactation; consult a healthcare provider for appropriate dosing.**
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Side Effects

Generally well-tolerated; however, some individuals may experience:

- **Nausea or gastrointestinal discomfort.**
 - **Allergic reactions (rare).**
 - **Overdose-related symptoms in cases of excessive intake.**
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Drug Interactions

- **Avoid concurrent use with other multivitamin products to prevent overdose.**
- **Vitamin A and E supplements may enhance the anticoagulant effects of warfarin.**

- **Zinc may reduce the absorption of certain antibiotics like tetracyclines and quinolones.**
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Storage Instructions

- **Store in a cool, dry place at temperatures below 30°C.**
 - **Protect from moisture and direct sunlight.**
 - **Keep out of reach of children.**
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Additional Notes

This supplement is not intended to diagnose, treat, cure, or prevent any disease. For optimal health benefits, it should be used as part of a balanced diet and healthy lifestyle. Consult a healthcare professional for tailored advice.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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